



*"Santi" Donna Santoriello...*

*gained my nick name as an Italian from Pennsylvania with a last name containing 11 letters (5 of them vowels.) Attended University of South Carolina where I majored in advertising with cognate in public relations and all my "passionate" classes in fitness, weight training and dance. I performed with the dance team all 4 years. Go gamecocks!*

*After earning my BA, I followed my dream to southern California where I worked for a small advertising agency and supplemented my income as a fitness instructor. Fitness was the life style in LA so*

*I honed my skills and soon was certified full time. Teaching lead to a traveling demonstrating team. I even had the honor to be in with creating one of the first certification companies. I trained in fitness, yoga, and weights. My passion for dance lead me to specialize in the more fluid pursuit of Pilate. Studying the Windor style in California. My second passion was Ballroom dance.*

*The ballroom dance school I taught at went up for sale, I bought it and learned all aspects of business by owning and operating a studio. An exciting start, but extremely long, hard hours with many, many blisters... and the world was calling...I left it behind to travel.*

*Hired internationally, I went to Mexico, San Salvador, St. Marteen, even the British west Indies. Returning to South Carolina and family in between stages, I kept active by "filling in" work for the YMCA and various country clubs including Springfield.*

*Then hired on to a sailing 500 passenger ship, I taught by day under 5 masts with white sails and danced in shows at night. Keeping balance at sea was mast challenging. After an eventful trans Atlantic crossing, I was ready for land. I chose the first small remote island I found! Anguilla, BWI.*

*Enjoying island life for years, I trained on the white sand beaches and swam in crystal blue seas. This gave new meaning to aqua fitness. I discovered fitness with a more natural style and easily flowed into a yoga practice.*



*Always returning to visit family in Rock Hill, I stayed when my father took ill. Care giver was the most challenging role yet. I spent many hours in rehabilitation training. I hope to pursue a further degree in rehabilitation fitness in the near future. My Motto: Movement is key. Find a way to move and something that moves you! Santi*